



Online

...linking the Beacon Parishes

**Sunday 27<sup>th</sup> August – Sunday 3<sup>rd</sup> September**

**Services this week – all are welcome!**

<b>27<sup>th</sup> August</b>	<b>12<sup>th</sup> Sunday after Trinity</b>	
9.30am	Pitchcombe	Holy Communion (BCP)
10.00am	Painswick	Beacon Praise
11.00am	Cranham	Morning Prayer
11.00am	Sheepscombe	Holy Communion

9.00am Wednesday 30th August	Via Zoom	Beacon Prayer - for Zoom link please contact Lindsay Gardiner <a href="mailto:lindsay.gardiner@icloud.com">lindsay.gardiner@icloud.com</a> or Karen Riding <a href="mailto:kriding07@yahoo.co.uk">kriding07@yahoo.co.uk</a>
9.30am Thursday 31st August	Via Zoom	Morning Prayer from Sheepscombe For link contact Karen Riding <a href="mailto:kriding07@yahoo.co.uk">kriding07@yahoo.co.uk</a>
<b>3rd September</b>	<b>13th Sunday after Trinity</b>	
11am	Painswick	Holy Communion
6.30pm	Cranham	Evening Prayer

### **Readings and Collect – 12<sup>th</sup> Sunday after Trinity**

Exodus 1.8 – 2.10

Romans 12.1-8

Matthew 16.13-20

God of constant mercy,  
who sent your Son to save us:  
remind us of your goodness,  
increase your grace within us,  
that our thankfulness may grow,  
through Jesus Christ our Lord.

# Explore our diocese by bike or on foot and raise money for GHCT



Ride + Stride happens on Saturday 9 September, when people from worshipping communities across the Diocese will visit as many churches as possible, on foot, by bike or on horseback, to raise funds for Gloucestershire Historic Churches Trust (GHCT).

If you're thinking about taking part, but need a bit of inspiration, here are some ideas, from epic journeys through to shorter strolls.

## Gloucestershire Historic Churches Trust

GHCT has created some cycling and walking routes to help explore some of our Gloucestershire and Bristol churches, from Cirencester to the Ampney Churches, to the [St James' Quedgeley route created by Paul Bridges](#).

## Cathedrals Cycle Route

There is a cycle route that stretches across England for almost 2,000 miles, taking in all the English Cathedrals.

Our local routes are from [Oxford Cathedral to Gloucester \(CCR 31\)](#) which is a 54-mile route and then on to [Hereford via route \(CCR 32\)](#) which is a 29-mile section.

There are many ways to complete this route, both on-road and off-road, but however you arrive at a Cathedral you will be welcomed. Each cathedral will carry a CCR stamp and cycle ribbon to collect. Medals will be available to purchase for each cathedral-to-cathedral section (with all profits going to charity). A coveted CCR Finishers Medal is available to all those who have completed the full 42 cathedrals (CCR passport or ribbon collections may be required).

## Sustrans National Cycle Network: Route 41

Route 41 is a charming long-distance cycle ride through the beautiful English countryside. It also offers you the opportunity to visit lovely towns and cities such as Bristol, Gloucester and Stratford-upon-Avon. Route 41 includes woods rich with wildlife, impressive architecture and wonderful views. It is just over 120 miles and takes around 10 hours on a bike and 40 and a half hours on foot.

## Beacon People and Prayers

Our prayers are asked for all who are sick, especially **Rebecca Applebee-Crabb**, **Maurice Maggs** and **Andy Sutton**. Pray for all those people, whether they are relatives or friends, who care for the sick and disabled in their own homes and for those undergoing cancer treatment at this time. We also remember before God all who have died recently, especially **William Butler**; and all whose anniversaries of death fall at this time. May they and all the departed rest in peace and rise in glory.

We continue to pray for all the charities which this benefice supports, including Christian Aid, GARAS, Marah, The Door, Stroud Citizens Advice, Stroud Foodbank, The Childrens Society and The Vine Project and all from our churches and villages who work in the NHS and in care homes, particularly Paradise House, Richmond and Resthaven.

We pray for all our neighbours, co-workers, friends and family who don't yet know the Good News of Jesus. We continue to pray: Thy Kingdom Come here in this Beacon Benefice.

## Good news

**Leading Intercessions.** We will be holding a Benefice 'workshop' to learn from, encourage and support each other in the leading of intercessions in our services. This is such an important part of our worship, and we are grateful to the very many people in our parishes who share this ministry. We hope that this will be an opportunity to share good practice - what makes 'good' intercessions, and perhaps - even if you are well experienced - to pick up some new thoughts and ideas. Also, this will be a wonderful opportunity to invite anyone from your church who may be interested in starting to lead intercessions, so that they can meet others and become confident.

We will run the workshop on **Mon 4th Sept 7pm-8.30pm. Venue: Church Rooms, Painswick**

Please could you email Mike Campbell [mike@mc-cc.co.uk](mailto:mike@mc-cc.co.uk) to let him know if, you are able to come.

*Helen Sammon and Mike Campbell.*

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## St Mary's Mums update – 'take two...'



I rashly (as it turns out) promised you a link to our little video trailer for the St Mary's Mums group starting this September. Elijah (as you can probably tell) did his part beautifully, performing everything from moody heartthrob to relaxed man-about-the-church-rooms, like a pro. I, on the other hand, was a total amateur and had my camera set to photo instead of video the whole way through... We are currently settling for a re-take. However, if you like and follow the 'Painswick Church' page on Facebook you will be able to see the finished result as soon as it's up and if you then share the video when it arrives, we will be reaching mums and babes for miles around in no time.

*Liz Eden*

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## Sportily Update



**SPORTILY  
HANGOUT**

Painswick Youth and Community  
Pavilion, Lower Washwell Lane,  
Painswick GL6 6XW

**Every Monday in term time**  
**5–6pm for school years 5–6**  
**6–7pm for school years 7–13**

Play games, hangout, chat, explore the  
Christian faith and eat food!

**Cost: £1 per session (First week  
free, use code FREESESSION)**

➤ Click here to sign up  
or scan the QR code



[sportily.org.uk/beacon](https://sportily.org.uk/beacon)

For more information contact  
[mark.trubey@sportily.org.uk](mailto:mark.trubey@sportily.org.uk)  
07949 111 817  
[sportily.org.uk](https://sportily.org.uk)

**sportily**  
PLAY SPORTS. TALK LIFE.

Hangout is going weekly once we get to September and please pray for Mark as he plans the terms sessions and the team who will be involved.

As ever, we would love to hear from anyone interested in getting involved with Sportily by helping at an event, receiving our newsletter, contributing financially or by joining our monthly prayer meetings. If that's you - please get in touch with Victoria Soutar 07900451248 or [mark.trubey@sportily.org.uk](mailto:mark.trubey@sportily.org.uk)

## More Good News

### ‘Join our Prayers’ in Edge

**Prayer time in Edge Church begins again on September 4<sup>th</sup>.**

Prayer time will resume in Edge Church on the first Monday of the month. We meet at 9.30am and pray for half an hour. If you would like to come, you would be very welcome or if you would like us to pray for you or your family please send an email to Ann Kennett at [a.kennett279@gmail.com](mailto:a.kennett279@gmail.com)



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**Communion at Home and in Residential Homes.** A small group of parishioners met with Revd Helen Sammon recently at St. Mary's and had a preliminary discussion about Communion at people's homes or in Residential Homes. Led by Helen, we discussed the rules, important principles, liturgy and equipment. We shared our previous experience of administering home and Residential Home communion and of receiving home communion either when we or a loved one were too ill to get to church. It was clear that everyone felt that home communion and communion services at Richmond Village and Resthaven were highly valued and important aspects of the Beacon Benefice ministry. These aspects need to be continued and indeed extended by us as a group, making sure that parishioners are aware that communion at home is available to them and their loved ones.

We need to understand that someone happy to receive home communion one day may not be happy to do so on another occasion, depending on their health and state of mind at the time. We discussed the importance of respecting each individual's preferences and adjusting our liturgy, appearance and attitude accordingly. I feel it a privilege to take the church to people at home who are unable through ill health or failing mobility to come to church and look forward to future instruction and discussion with Helen and the group.

*Mary Sparks*



## Notices

**Foodbank** We have received a 'thank you' from the Stroud Foodbank for the 86.4kg of food donated by the Beacon Benefice in July. Your support has made all the difference!

After a break in August, our next collection will be on **Wednesday 13 September** from 10 am - 12 noon. Please note that we will only be collecting in the car park on Stamages Lane. If you have difficulty getting to this donation point, please let us know and we will do our best to help.

Please may we ask for some of the following: Gluten or dairy free products, laundry liquid, nappies size 4-6, mayo and ketchup, shampoo and razors, jam, Marmite, washing up liquid and sugar.

If you wish to make a bank donation, you can do so using the following details

Stroud District Foodbank CIO Sort code: 09-01-29 Account: 21994911

*Thank you. The Foodbank Team Mobile: 07950 651228*

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### **Singing from the Heart – 7th October 2023**

Come and enjoy the beauty of singing together

During the day we will learn simple sacred songs, chants and harmonies, mainly drawn from the Christian tradition. Singing from the heart helps us to connect, individually and collectively, with the flow of Universal Love. Through doing this, we can experience and reflect on singing as a spiritual practice. This can be meaningful for many people, whether their spirituality is linked to a particular faith tradition or to none. We will learn the chants by ear so you do not need to be able to read music or be an experienced singer to enjoy this!

#### **Programme:**

10.00 - 10.30 Arrive/Refreshments

10.30 - 12.30 Introduction to singing from the heart. Singing as a spiritual practice. Learning sacred chants and songs with harmonies together.

12.30 - 13.30 Lunch - please bring your own lunch. Coffee, teas and cake will be provided.

13.30 – 15.00 Learning and sharing sacred chants and songs.

15.00 - 16.00 We shall end with a Singing offering in St Mary's Church, Painswick.

**Venue: The Church Rooms, St Mary's Church, Painswick GL6 6UT.**

The Stamages Lane public car park is next to the venue. Street Parking is also possible on Churchill Way, Hyett Close and The Croft. Nearest rail station is Stroud from where a bus service leaving from Merrywalks Shopping Centre stop at 9.30am, (66 gold/ 166) takes you to Painswick.

Advanced booking is essential. If you would like to come, or want some further information, please contact Andrew Clark, preferably by email: [andrewjbclark@outlook.com](mailto:andrewjbclark@outlook.com) or by mobile: 07729118876.

Cost: Donations welcome (suggested amount £20).

Andrew Clark worked for nearly 30 years as a psychiatrist and psychotherapist in the NHS, before retiring in 2017. His earliest experience of singing was in a church choir and over many years of singing in choirs as well as on retreats and pilgrimages, he deeply appreciates the therapeutic and spiritual impact of singing. He now feels increasingly called to use heart-centred singing and sounding as a way to develop our heart consciousness.

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## Coffee Hotspots

**Edge Coffee Morning** Last Friday of the month, the next one will be on the 29<sup>th</sup> September 10.30am Edge Village Hall.

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**Sheepscombe Coffee Morning** First & Third Thursday of the month, the next one will be on the 7<sup>th</sup> September 10.00 – 11.30am Sheepscombe Village Hall.

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**Pitchcombe Coffee Morning** Second Tuesday of the month, the next one will be on the 12<sup>th</sup> September at 10.30am in the Church.

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**Cranham Pop-up Café.** Will be taking a break for August.

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**Community Hub Friday Coffee Morning** every Friday 10.00am - 11.30 in Painswick Town Hall. Tea, coffee and home-made cakes. All are welcome.

## Church Opening Times

**Painswick** – 9.30am - 6pm in summer months, and 9.30am - 4pm in winter.

**Pitchcombe** - 9am - 5pm

**Cranham** - 10am - 5pm during the summer. During winter it will close as darkness falls.

**Harescombe** - always open

**Sheepscombe** – 9am – 5pm

**Edge** - 9am – 5pm

All church opening & closing is done by volunteers, these timings can be flexible to a degree.

## Contacts

Rector: Rev'd Sarah Haslam Tel: 07870 126048 Email: [beaconrector@gmail.com](mailto:beaconrector@gmail.com)

Associate Priest: Rev'd Andrew Leach Tel: 07564 448692 Email: [ajpleach@gmail.com](mailto:ajpleach@gmail.com)

Benefice Intercessory Prayer Coordinator: Mike Campbell Tel: 07812 000646 Email: [beaconbeneficeministry@gmail.com](mailto:beaconbeneficeministry@gmail.com)

Benefice Administrator: Bea Hyde Tel: 07833727701 Email: [beaconbeneficeoffice@gmail.com](mailto:beaconbeneficeoffice@gmail.com)

Benefice Office: The Lychgate, Stroud Road, Painswick, GL6 6UT Tel: 07833727701

Website: [www.beaconbenefice.org.uk](http://www.beaconbenefice.org.uk)

Cranham Community Response Team: The initial contact for Cranham residents is: Tel: 07973 340227 [nigelrobincooper@gmail.com](mailto:nigelrobincooper@gmail.com).

The Painswick Community Support initiative provides community support for Painswick. If you need support, please contact 07956 203087 [painswickcommunity@gmail.com](mailto:painswickcommunity@gmail.com)

## Thank you

Thank you to all who contribute to Beacon Light, from proof reading to providing us with prayer requests, it all helps. Please send information, pictures and articles for the next Beacon Light Online to [beaconbeneficeoffice@gmail.com](mailto:beaconbeneficeoffice@gmail.com) by **Tuesday 5pm at the latest**.

## Bless you

The Lord bless you and keep you;  
the Lord make his face shine on you and be gracious to you;  
the Lord turn his face toward you and give you peace.

**Amen.**